



PET PUBLICATION

AMAAL

OF

عبدالله بن عَلَى  
عليه السلام

ABBAS BIN ALI

عليه السلام









بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

مَنْ ذَا الَّذِي يُشْفَعُ عِنْدَهُ  
إِلَّا بِرِبِّهِ

In the name of Allah,  
the beneficent, the merciful.

Who is he that can intercede in His presence  
except His permission?" [Baqarah : 255]

By virtue of the status acquired through his  
martyrdom, Maula Abbas (a.s.) is one of the  
finest samples in relation to this Ayat.

He is often referred to as Babul Hawaij (the  
gateway to the fulfillment of desires).

If we beseech Allah through his intercession,  
*Inshallah* all our legitimate desires will be  
fulfilled.

# Acknowledgements

The *aamals* in this booklet have been contributed by Khanum Tayyaba Bukhari, a reknown scholar from Pakistan, who visited Toronto in Safar 1423/ April 2002 to recite Ashra-e-Zainabia Majalis.

She started her career at the tender age of 8, reciting Majalis in Islamabad. Thereafter, she studied in Qum for sixteen years, specialising in Quran *Tafsir* (commentary).

Her proficiency in Arabic, Urdu and Persian enables her to impart a wealth of knowledge in the *Tafsir* of Quranic ayaats.

May the Almighty continue to increase her knowledge and grant her *Taufiq* in spreading His message. Ameen.

In compiling this booklet we sincerely appreciate the time and effort contributed by:

Br Akil Karim

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Sr Guliy Sherali

Sr Jamila Dewji

Sr Sadiqa Nazerali

**FOR ISAL-E-SAWAB**

**MALI HASANALLY P. MOHAMMED EBRAHIM**

BEFORE RECITING EVERY  
VERSE OR DU-A

SAY

SALAWAT

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

AND

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

IN THE END SAY SALAWAT AGAIN

# AMAAL OF MAULA ABBAS (a.s.)

1. To seek fulfilment of legitimate desires and to remove difficulties pray a 2 rakat *salat* of *hadiya* Abul Fazal Abbas (a.s.) and recite the following du-a 133 times, and also salawat 11 times before and after the *du-a*:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
يَا كَاشِفَ الْكَرْبَلَاءِ  
مَلِئُهُ السَّلَامُ اكْشِفْ كَرْبَلَاءَ  
أَخْيَالَ الْمُسَيْنِ عَلَيْهِ السَّلَامُ

BISMILLAAHIR  
RAH'MAANIR RAH'EEM  
YA KASHIFAL KARBI 'AN WAJHIL  
HUSAYN ALAYHIS SALAM IKSHIF  
KARBI BI HAQQI AKHEEKAL  
HUSAYN ALAYHIS SALAM

[In the name of Allah, the beneficent, the merciful. O he Who removes hardships on account of the honour of Husayn (a.s.) drive away my hardships for the sake of Your brother Hussayn (a.s.).]

OR

- ii) Recite the above *du'a* 133 times daily until your *hajat* is granted:
2. If anyone is dying of thirst, recite this phrase as many times as possible, death will be prevented:

يَا أَبَا الْقُرْبَةِ

YA ABAL QURBAH

3. To prevent being attacked by an animal, recite the following:

عَبْدُ اللَّهِ أَبْنَى الْفَضْلِ دَخِيلَك

ABDALLAH ABAL-FADHLI  
DAKHEELAK

For any *hajat*, recite *salawat* 100

times with the *niyat* of "hadiya to Ummul Banin"

**اللهم صل عالي محمد وآل محمد**

**ALLAHUMMA SALLI 'ALA  
MUHAMMAD WA AALI  
MUHAMMAD**

5. Prepare *Sufra* (*Datarkhan*) of Ummul Banin (with any food) and feed people. Then ask for your desires (*hajats*) giving *wasta* of Maula Abbas (a.s.) *Inshallah* your desires will be fulfilled.

6. Pray the following on behalf of Maula Abbas and send *hadiya* to Ummul Banin and ask for your *hajat*:

Recite Surah al Yasin 10 times on Fridays of the Islamic month as follows:

1st Friday:	3 times
2nd Friday:	3 times
3rd Friday:	3 times
4th Friday	Once

7 Recite *salawat* 1400 times for *hadiya* of the 14 Masumia (a.s.). Then, recite *salawat* 100 times for Maula Abbas (a.s.) and ask for your *hajat*.

**اللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَآلِ مُحَمَّدٍ**

**ALLAHUMMA SALLI 'ALA  
MUHAMMADIN WA AALI  
MUHAMMAD**

8. For any difficulty, recite 2 *ra-kat salat* between Maghrib and Isha, *hadiya* to Maula Abbas (a.s.). Then, recite the following 5 times:

**يَا مَنْ يُحِبُّ الْمُضطَرَّ رَدِّ أَكْعَادَهُ وَ  
يُكْشِفُ الشَّوَّمَهُ يَا دَرِّتْ يَا رَبْتْ يَا رَبْتْ  
يَا عَبَّاسَ ابْنَ عَلَى امِيرِ الْمُؤْمِنِينَ  
ابْنَ أَبِي طَالِبٍ الْأَمَانَ الْأَمَانَ  
أَذْرِكُنِي أَذْرِكُنِي أَذْرِكُنِي**

**YAMAYN-YUJEEBUL MUDHTARRA  
IDHA DA'AHU WA YAKSHIFUS-SUU.  
YA RABBL, YA RABBI, YA RABB.  
YA ABBAS-IBNA ALI AMEERIL  
MUMINEEN-IBNA ABI TALIB.  
AL AMAAN, AL AMAAN, AL  
AMAAN.**

**ADRIKNI, ADRIKNI, ADRIKNI**  
*(continue for as long as your breath allows)*

Do this *Amal* for 40 nights, then stop.  
Once your *hajat* is fulfilled, do this  
*amaal* for one more night.

9. For fulfillment of any legitimate desire  
recite the following until your *hajat* is  
fulfilled.

Salaawaat 133 times

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

**ALLAHUMMA SALLI'ALA  
MUHAMMAD WA AALI  
MUHAMMAD**

Recite:

133 times

يَا عَبْرَاسَ

YA ABBAS

salawaat      133 times

اللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

ALLAHUMMA SALLI'ALA  
MUHAMMAD WA AALI  
MUHAMMAD

10 This Amal can be performed for any *hajat*, but is especially recommended for creating harmony and love among relatives, in-laws, married couples, etc.

Recite the following EITHER 133 times until *hajat* is fulfilled, OR 100 times every Tuesday night for 7 weeks:

**AY MAHE' BANI HASHIM  
KHURSHIDEY' LIQA ABBAS.**

**AY NOORE' DILE' HAIDER  
SHAMME' SHOHADA ABBAS.**

**AZ GHAMME' AYAAM ROOH BITHO  
AVERDHEEM.**

**DHASTE MANE MISQEEN GHEER  
BAHRE KHUDA ABBAS.**

**O Abbas, you are the sun and the moon of  
the Bani Hashim**

**You are the light that shines from the heart  
of Haider**

**You are the beacon that lights the Shohada.  
I have left all my hardships behind me, and  
have turned my face towards thee**

**O Abbas, hold the hand of this beggar for  
the sake of Allah.**

**(NB: We are not 100% sure of the  
translation of this Farsi Poem)**

## 11 For the cure of any diseases.

- a) Recite 7 times following ayat # 82 of Surah Bani Israel

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
وَنَزَّلْنَا مِنَ الْقُرْآنِ مَا هُوَ شَفَاءٌ وَرَحْمَةٌ  
لِلْمُوْمِنِينَ

BISMILLAHIR  
RAHMAANIR RAFIEEM  
WA NUNAZZILU MINAL QUR'ANI  
MAA HUWA  
SHIFAAUNW WA RAHMATUL  
LIL-MUMININ

[We sent down the Quran which is a  
healing and a mercy for the believers;

b) or recite 3000 times daily:

أَلْحَيْ

AL-HAYYU

[O the Ever-Living]

12 To calm down an angry person, recite  
the following ayat # 137 of Surah al-

Baqarah 100 times, and blow on the person even if he is not there.

**بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
فَسِيرُكُفِيْكُهُمْ أَلَّا تُوْلِيْهُمْ هُوَ السَّمِيعُ الْعَلِيمُ**

**BISMILLAHIR RAHMANI RAHIM  
FASAYAKFEEKA-HUMMULLAHU  
WA HUWAS SAMEEUL A'LEEM**  
[then Allah will be sufficient for you against them, and He is the all-hearing, the al.-knowing.]

If recited regularly with pure intention this can have a permanent effect

13. For women wanting to have a child keep fast continuously for 7 days. Before *iftar* every day, recite the following 21 times on water, and break the fast with this water;

بِحَمْدِنَّ بَارِيٍّ يَا مَسْوِيٍّ

**YA KHALIQU YA BAARIU YA  
MUSAVVIRU**

O the Originator, O the Fashioner,  
O the Creator

#### 14. Amal of Hazrat Abbas (a.s.)

This *amaal* can be performed for any *hajat*, but is especially recommended to be performed on the 8th day of Muharram.

Pray 2 *rakat salat* with *niyat* of *hajat* by the *wasila* of Maula Abbas (a.s.)

Recite *Tasbih* of Sayyida Fatima Zahra (s.a.)

الله أكبر

**ALLAHU AKBAR**

34 Times.

الْحَمْدُ لِلَّهِ

**ALHAMDULILLAH**

33 Times.

سُبْحَانَ اللَّهِ

**SUBHAANALLAH**

33 Times

لَا إِلَهَ إِلَّا اللَّهُ

**LAA ILAHA ILLALLAH**

Once.

**Recite Once:**

Ayatul Kursi

Surah al Ikhlaas

Surah al Naaas

Surah al Faatq

Surah al Kafiroon

Salawat (100 Times)

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ

Then place the Quran on your head and recite the following 125 times.

**HAL KIJIYE MUSHKIL MERI AB  
DER SITAM HAI.  
ABBAS ALI TUMKO SAKINA KI  
QASAM HAI.**

Recite *Salawat* 100 times.

**اللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَآلِ مُحَمَّدٍ**

**ALLAHUMMA SALLI 'ALA  
MUHAMMAD WA AALI  
MUHAMMAD**

Go into Sajdah for *hajat* and beseech your desires. *Inshallah* your wishes will be granted.

Then recite Ziyarat-e-Waritha and Ziyarat of Mausa Abbas (a.s.).

Pray 2 *ra-kat Salat* of Ziyarat

## Hazri Munajat

Haazir hai hazri mein hazaro ke hal ataa.  
Faryaad hai ham par bh. karam kijye aakaa

Bhai Hasan Hussain ke wo jaane Murtaza  
Abbas Aamdaar wo sakkaye Sakina.  
Tearif unki kya karu kya mujhse ho sanaa  
Sadka unhi ke naam ka milti hai marhaba

Haazir hai. .

Akaa ko aaj apni mis'bat sunaawo tum  
Peh.e to apni bankhon se sansu bahaao tum  
Roro ke aagh aatishe gham ki bujaawo tum  
D.I mein unhi ki yaadko mehmaan  
baaawo tum.]

Haazir hai.....

Ek roz jo men majlise Sabbit mein ghayi  
Thi haazri Abbas Aamdar ki wajaao  
Jitnabhi d.I mein tan jiha wo saraa mit  
ghayya.  
Aaker kis ne kaan mein chup kese yeh kawa

Haazir hai

Jo haazri Abbas Alamaar ki kare,  
Allah uski mushkile aasan sab kare.  
Din raat jo Abbas ke naare se dam bhare,  
Kya gham Uose duniya ka kisi se  
woh kyun dare.

Haazir hai ..

Hai haazri Abbas ki tashrif labyie,  
Yaane Ali ke laal pe qurban jaaiye.  
Rokar adab ke sath yeh pad kar sunaakiye,  
Sarkar apka hame roza dikhaayie.

Haazir hai....

Mein jaauں lot aaun wahan jaake abke saal.  
Qadmope sar jukawun wahan jaake abke saal.

mein bazi manawun wahan jaake abke saal.  
Zaakira yeh sunawun wahan jaake abke saal.

Haazir hai....

## Munajat of Hazrat Abbas (a.s.)

Naame Abbas wasila hai har dua ke liye,  
Isme nazam hai yeh momin ki iltijaa ke liye.

Manshae Zehra iraada hai yeh Ali  
hukme jali.

Saanie Jaafare Tayyar hay ghairat ka ghani.  
Khud chuna Khaalike. . .

Khud chuna Khaalike Akber ne hai wafa  
ka liye.

Naame Abas wasila hai ..

Khune Asadullah ka jawhar hai yeh Abbase  
jari.

Qalbe abdaar ka gawhar hai yeh Abbase jari.  
Khaas tohfa hai....

Khaas tohfa hai yeh Khaalik ka  
Murtaza ke liye.

Naame Abbas wasila hai ...

Kaba Zainab se yeh Shabbir ne

,o khush hokar

Mein hun astaab sabr ka vo wafa ka hai  
qamar

Fakhre Harron hai .

Fakhre Harron hai ayaat-e Karbala ke liye

Naame Abbas wasila hai

Koi maane ya naa mabne nai yeh unnaan  
mera.

Naame Abbas to bakhshish ka samban mera.

Nusqaye qimiyा

Nusqaye q.miyā hai naam yeh shafaa ke  
liye.

Naame Abbas wasila hais

Baab yeh shehre shahadat pe jo bhi aayenga  
Jo bhi maangonga qasam haqqi vo mil  
jaayenga

Chashmae faiz hai

Chashmae faiz hai yeh dar har ek ataa ke  
liye.

Naame Abbas wasila hai

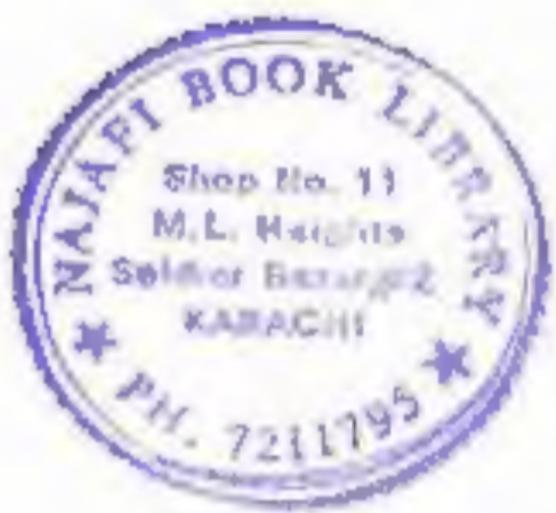
Deed karti hun alam pe to kalam rukhta hai.

Yaad najaata hai ghazl mujhe yuñ  
lagta hai.

Ab bhi rota hai...

Ab bhi rota hai yeh Zainab teri rida liye.

Naame Abbas wasila hai.... .





Maula Abbas (a.s.) is the answer of Imam Ali's (a.s.) prayer, so that he may support Imam Husayn (a.s.) in Karbala and may be a symbol of security to women and children of the Ahl ul Bayt.

Being a faithful, true supporter to Ahl ul Bayt and standard bearer of Islam in Karbala, he gave his life for the true religion.

He is also known as *Babul Murad* (door on which supplications are recommended) as Almighty Allah had bestowed him with this quality as a reward. Therefore whatever is supplicated by his name is responded with favour + acceptance.

